# 现代金报 / ENGLISH SKY / See B08

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# How to Make an Omelette

#### 慈溪市明月书院305班 蒋语晨(证号2402874) 指导老师 张婷

Hello, my name is coco.

How to make an omelette ? You need two eggs, some cheese, an onion, and some tomatoes. Mix the eggs, cut the onion and the tomatoes. Cook the eggs for four minutes. Put the cheese, onion and the tomatoes on the eggs. Fold the omelette, and cook it for one more minute. This is the omelette, yummy!

## My Family

## Members

宁波市惠贞书院203班 程楷瑞(证号2462242) 指导老师 王越雅

This is my mother. She is kind and dear. She likes drawing.

This is me. I am small and short. I like playing football. I like reading and travelling.

This is my father. He is strong and big. He likes running and swimming. He likes drinking tea best.

This is my grandfather. He is old and tall. He likes reading.

This is my grandmother. She is old and thin. She likes growing vegetables. She likes singing and dancing.

My family members trust each other. I love my family.

# A Letter to

Mr. Wang 慈溪实验中学 711 班 许雯雯(证号 2402485) 指导老师 王玲玲 Dear Mr. Wang,

I really want to join the English club in our school. Now let me tell you something about myself.

My name is Wendy. I am an outgoing and helpful girl. I am 13 years old now. My birthday is on November 2nd. I am in class 711. I like reading books and singing English songs. I think they are relaxing. My favorite subject is English because I think it is easy and interesting. I can speak English well. I can sing English songs well, too.

Hope to get your reply.

Yours , Wendy

# My Favorite

Season 宁波前湾新区

世纪城实验小学 508 班 于妍初(证号 2402227) 指导老师 王建平

I like spring best. In spring, there are a lot of pink flowers and green trees everywhere. I can go on a picnic. I can fly a kite, too. This is are nice and warm. Spring is my favorite season.

Which season do you like best?

#### **My Day** 海曙区横街镇中心小学405班 俞懿轩(证号2405807)

指导老师 蒋燕 Hi! I' m Lisa. This is my day.

I get up at 6:30 in the morning. It's 7:30 a.m. It's time for breakfast. I like bread and milk. Hurry up! It's 7:30 a. m. It's time to go to school. It' s 10:00 a.m. It's time for English class. Let's read and write! Oh, I' m hungry. It' s 11:30 noon. It's time for lunch. It's vummy! I have PE class at 2:00 every day. Let's play and run. I 'm happy! It's 5 o'clock. It's time to go home. It's 5:40 now. It's time for dinner. It's 6 o' clock. It's time to do homework. I can't watch TV in the evening. Look, It's 8:30 p.m. It 's time to go to bed. A beautiful day is over. Good night.

I love my day. What about you?

# Chinese New

Year 慈溪市慈吉实验学校 507 班 严子皓(证号 2460806) 指导老师 王金萍

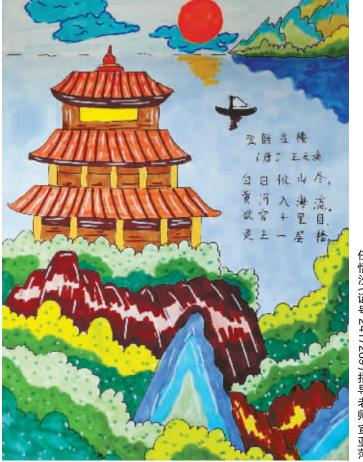
Chinese New Year, is also called the Spring Festival. The Spring Festival is the most important traditional festival in China. It is celebrated with great joy by Chinese people all over the world.

During the festival, families will have a big feast, set off firecrackers, and give each other red envelopes. People wear new clothes, clean their houses, and decorate them with red lanterns and couplets. There are lion and dragon dances, as well as beautiful fireworks displays.

The festival lasts for 15 days and ends with the Lantern Festival. It is a time for Chinese people to welcome happiness, good fortune, and a brandnew start to the year.

#### **I Believe I Can** 鄞州区德培小学 607 班 钟艾(证号 2460633) 指导老师 徐旭珍

Last summer vacation, I took Piano 8 level test. I still remember one of the most difficult piano pieces called. I practiced this music several days, but I couldn' t play it well. I felt very frustrated. But I told myself: "Hang in there, you can do it." I listened to how the masters played it and tried to feel the story and melody. To play well, it is not only my fingers touching the keys, but also my whole body dancing with the rhythm of the music. I practiced over and over for one month, finally I felt confident again and I could play the music very frequently. Do one thing at a time, and do it well. I believe I can.



# My Favourite

Season 鄞州区德培小学503班 王斌(证号2460630) 指导老师蒋宁

Unlike people who live on the equator or in the North Pole, we have four seasons. Spring is green with flowers and songs. Summer is hot and we can enjoy ice cream. Autumn is golden and the farmers are busy. Winter is cold and we can make snowmen. My favourite season is Spring. The weather is usually warm and windy. I often take a trip with my parents on the weekend. We enjoy the beautiful scene on Siming Mountain. We share the fresh fruits in the garden. We play funny games on the grass in the park. I like green. So I like the green trees and grass in spring. I like birds. So I like the birds singing in the sky. Spring is so beautiful and fun. I like it.

# The Ways I get to Ningbo Youngor zoo 鄞州区云龙镇王笙舲小学604班 李琛(证号2412003) 指导老师 赵书艺

There are many ways to get to a place. This weekend, I'm going to Ningbo Youngor Zoo. It is not far from my home. So I have many ways to get there.

Firstly, I can get there by the No.109 bus. I start from Wang Shengling Primary School. Get off at the supermarket. Then wait for the No.915 bus. Get off the bus and walk straight for 10 minutes. Finally, I'm at the south gate of Ningbo Youngor Zoo.

Secondly, I can go by bike. It's convenient but it's slowly. It takes about 35 minutes. That's good exercise. And I can enjoy the beautiful scenery along the Dongqian Lake.

Thirdly, I can go there by car. It's very fast. It's only about 10 minutes.

You see, we can choose different ways to get to a place. Which one do you like?

# 恬汐 (证号 2417269)指导老师 宣亚萍余姚市第一实验小学花园校区 202 班

# **One Famous**

Sports Stars 海曙区致和学校 701 班 张羽茜(证号 2406794) 指导老师 Miss Yang

Hello, everyone ! Let me tell you a famous sports star.

Ma Long is a ping-pong star. He is 32 years old, and his birthday on October 20th. He likes milk and salad for breakfast, because, he thinks they' re healthy. He always plays ping-pong and dances in free time. And his favorite subject is English. Because he thinks English is interesting. I like English too! Who's your favorite sports star?

#### Summer

鄞州新蓝青学校 303 班 林琛童(证号 2412496) 指导老师 姜台红

I like summer.

It is sunny. I can eat ice cream. And some good fruit. At weekends Mum and Dad can take me to swim.. It is nice to play on the water. You will feel cool and happy. Bicycle is a great game too at summer night. Sky is always blue in summer.

Not like winter. It's the best time of the whole year.

# My School

奉化区居敬小学 402 班 杨宇凡(证号 2414389) 指导老师 张静

This is my school. It is big and clean. You can see a lot of trees, flowers and grass in my school. There are many teachers and students in the school. Look! This is my classroom. It is on the second floor. It's so clean. The teachers' office is near the classroom. The library is on the third floor. It's very big. What about your school?