From Coffee to Comfort: German Expat Finds Ideal Life in Rural Ningbo



Depart from Cicheng Ancient Town in Ningbo, Zhejiang Province, and embark on your journey towards Mao' ao Village. As you bypass the Maoli reservoir, you'll come upon a classic brick house nestled amidst the sea of blooming Galsang flowers. This charming spot is home to the "Bamboo Coffee Roasters".

从慈城古县城出发,循着毛岙村毛 力自然村的方向,再绕过毛力水库,在 一片开得正盛的格桑花海边,就能看到 ·幢古朴的砖瓦民居,这便是Bamboo Coffee Roasters(以下简称毛竹咖啡)。

Two years ago, Frank, a German sonin- law, arrived in this village, the hometown of his wife.

两年前,这位来自德国的"洋女婿" Frank来到了妻子的家乡毛力自然村。

The village, surrounded by lush mountains and lucid waters, boasts narrow intertwining paths, bamboo groves, and seas of flowers. "It's unique," Frank remarked that he fell in love with the place at first glance. Last year, when his daughter was born, Frank decided to leave his wellpaying job to start a business here, allowing him to spend more time with his growing child.

青山绿水环绕,羊肠小道交错,不 经意间就会"邂逅"竹林花海,"It's unique(这里很独特)",Frank告诉记 者,自己一眼就爱上了这里。去年,他 们的小女儿出生,为了有更多的时间陪 伴孩子的成长,Frank放弃了高薪工作, 选择来到毛力创业。

"After having selected the location, we spent an entire year refurbishing this house", Frank's wife Niuniu said. "Frank wanted to preserve the old house's unique charm and restore it to its 'original state'."

"在选定地址后,我们前前后后花了 整整一年,修缮这幢房子。"老板娘妞妞 告诉记者,Frank想将原来旧房子的一切 悉数保留,拾掇成它"原本应有的样子"。

"We've preserved nearly everything, from the external façade to the roof, except for the bluestone slabs at the bar, which were too damaged to keep. The local offi-





▲ Bamboo Coffee Roasters

■Frank is making coffee.

cials have been very supportive of our renovation, even helping us source old bricks from demolished ancient houses."

"除了吧台位置的青石板过于破旧 没法保留,其他的包括外立面、屋顶等 基本都保留下来了。村干部非常支持 我们'修旧如旧'的理念,还帮我们去拆 掉的老房子里找旧砖。"妞妞说。

The logo of Bamboo Coffee Roasters was designed by Frank himself.

毛竹咖啡的 logo 也是由 Frank 亲

During his daily morning runs, Frank enjoys using his phone to capture the picturesque beauty of the village, especially the extensive bamboo groves, which he finds particularly enchanting. Inspired by these scenes, Frank extracted patterns from his photos, simplified them into elemental forms, and created the striking bamboo logo. The name of the coffee shop also draws inspiration from these scenic views.

他在每日晨跑时喜欢用手机拍摄 自己眼中的乡村美景,毛力自然村坐拥 的大片竹林让他尤为中意。于是Frank 便从照片中截取图案,转绘成简单的元 素,创作出如今这个让人印象深刻的毛 竹标识,当然,咖啡馆店名的灵感也来 源于此。

In mid-June this year, Bamboo Coffee Roasters finally began its business after much anticipation.

今年6月中旬,在夫妻俩好友们的 千呼万唤下,毛竹咖啡终于开业。

Through simple word- of- mouth alone, the coffee shop attracted numerous tourists within just half a month. Many visitors would spend entire days there without even realizing it, fulfilling Frank's vision of providing a retreat from the hustle and bustle where people could savor a cup of coffee crafted by his own hands.

短短半个月的时间里,靠着简单的 "人传人",不少游客慕名来此打卡,不 知不觉地在店里待上了一整天,"Frank 更愿意看到的就是这样,大家能远离喧 嚣,在这里纯粹地品尝一杯他烘焙制作

A cup of fragrant coffee, a piece of hand-made cake, and a window to lay beside and listen to the rain—this is the kind of lifestyle that Frank aims to create.

一杯醇香的咖啡、一块手工制作的 蛋糕,倚窗听雨,这就是Frank想要营造 的"毛力生活"。

Bamboo Coffee is the first coffee shop in the village, where a couple of local elders often drop in to enjoy a coffee and chat with old friends.

毛竹咖啡是村里的第一家咖啡店, 村里好几位老人也会走进店里点上一 杯,美滋滋地和老朋友咂上一口。

Notably, on the shop's shelves are displayed a variety of hand-made orange jams and bayberry wine. "We make these ourselves using agricultural products from the village," added Niuniu. "Frank noticed the elderly in the village carrying baskets of fruit to sell and decided to help by buying

记者注意到,店里还摆着不少手工 制作的橘子酱、杨梅酒。"这些都是我们 用村里的农特产做的,Frank看到村里 的老年人已经这么大岁数,还挑着担子 出来卖橘子和杨梅,就想用自己的方式 帮助他们。"妞妞告诉记者。

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